



vs Holland FC
Thurlow Nunn Division One North
Saturday March 14th 2026 Kick-Off: 3:0pm
Official matchday programme Online





STANWAY PEGASUS FC

(INCORPORATED)

Club Owner Ian Booth. ian.booth@directtransportation.co.uk



Welcome to the

BES/ASCENDANT ENERGY STADIUM

DIRECTORY

Club Owner: Ian Booth
Hon Club President: Paul Booth
Chairman: Chris Powell
Vice Chairman: Terry Shadbolt
Director of Football: Aidan Theedom
Club Treasurer: Ian Booth
Head of Commercial: Glenn Chapman
Senior Secretary: Rosi Webb
Assistant Secretary: Steve Parker
Club Welfare Officer: Danielle Booth

Ladies Social Media & Marketing
Jade Clemmens
Events & Fundraising: Cara Greenley
Programme Editor: Steve Parker

Mens 1st team Manager: Jon Moody
Assistants: Glenn Cowen & Aiden Theedom
Physio: Matylda Wasilewska

AFC Manager: Aaron Lyon
AFC Assistant: Dean Gee
Under 23's Manager: Steve Shadbolt
Under 23's Assistant: tbc

Ladies Manager: Sophie Thorpe
Assistant: Rosi Webb
Reserves Manager: Stacey Desborough

Head of Youth: Ray Turner
Boys Youth Secretary: Carl Booth
Head of Girls Secretary:
Rosi Webb

EJA Fixture Secretary: Terry Shadbolt

RECENT HONOURS

Eastern Counties (ThurLOW Nunn) League
Div One South Play Off Finalists 2022-23
Div One South Play Off Semi Finalists 2023-24
Div One North Runners Up 2024-25
Div One North Play Off Finalists 2024-25

Essex & Suffolk Border League
Premier Division Champions 2021-22
Knockout Cup Winners: 2021-22

Essex County Womens League
Premier Division Champions 2022-23
Division Two Champions 2021-22
Essex County League Plate Winners 2024/25

RECORDS

Best FA Vase performance:

4th Round Proper (Last 32)
Lost 2-1 at Romford FC 13th January 2024

Highest Home Attendance: Stanway School
399 v Sporting Bengal United, 29th April 2023
ThurLOW Nunn Division One South Play Off Final

Highest Home Attendance: Coggeshall
868 v Harwich & Parkeston, 3rd May 2025
ThurLOW Nunn Division One North Play Off Final

Highest Home League Attendance: Coggeshall
350 v Harwich & Parkeston, 21st April 2025
ThurLOW Nunn Division One South

GROUND REGULATIONS

All persons entering the Stadium on match days are only admitted subject to these rules and regulations:

- 1) The Club reserves the right to eject from the ground and prosecute, if thought appropriate, any person within the clubs premises who is considered in breach of the following: **a)** Entering the ground by any means other than through the proper turnstiles or gates. **b)** Entering the field of play before, during or after the game. **c)** Using obscene or abusive language or persistent swearing likely to cause offence. **d)** Using terms of abuse, racial or otherwise, that is likely to offend. **e)** Being drunk or being under the influence of drugs. **f)** Making vulgar or obscene gestures. **g)** Carrying any offensive object or throwing any article onto the field of play.
- 2) The Club reserves the right to refuse admission or eject from the ground any person who refuses to be searched by any servant or agent of the club or any Police Officer.
- 3) No glass bottles, drinking glasses or other such article or object is permitted in the ground and the Club Officials / Stewards will have the right to seize or confiscate any item or article considered to be a danger to others.
- 4) Climbing of the fences, stands and other structures including sitting on the barriers around the pitch is not permitted.
- 5) All vehicles are parked at the owner's risk.
- 6) Only players, officials and club personnel may enter the changing room area.

Firstly we would like to welcome the management team, committee, players and supporters of Holland Football Club to Stanway. We hope you have all had good trips here and all have a safe journey home.

Last Saturday we beat FC Peterborough here, 2-1 which proved to be the last of the unbeaten 11 match run going back to December 6th.

Sat 6 Dec	H FC Parson Drove	TNL	3-2
Sat 13 Dec	A Whittlesey Athletic	TNL	2-2
Sat 20 Dec	H FC Clacton	TNL	3-3
Sat 27 Dec	H Haverhill Borough	TNL	4-0
Sat 3 Jan	A AFC Sudbury Reserves	TNL	3-1
Sat 17 Jan	H Leiston Under 23s	TNL	3-0
Sat 14 Feb	A Holbeach United	TNL	2-1
Tue 24 Feb	H Halesworth Town	TNL	3-3
Sat 28 Feb	A Holland FC	TNL	1-1
Wed 4 Mar	H Needham Market Res	TNL	4-1
Sat 7 Mar	H FC Peterborough	TNL	2-1
Tue 10 Mar	A Diss Town	TNL	1-2



On Tuesday evening we took the (longish for a midweek trip) to Diss Town and came away defeated 2-1, so now is time for another run to start. We have 10 games left including today, 8 in the league and hopefully 2 in the play offs. Another run as above will be nice.

Holland FC will be very tough opposition today, they are top of the league for a reason and with Kings Park Rangers slipping up recently the league title is in Hollands own hands now.

Regarding the Play Offs, Wroxham can not get promotion so are unable to take part in the play offs. This opens it up to 6th place so all to play for.

#UTSP Steve Parker, Programme Editor



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STANWAY PEGASUS HISTORY



Stanway Pegasus Football Club was derived from the most successful Sunday League side in Colchester history, AFC Pegasus, who won an incredible 64 honours over a period of 30 years with Paul and Heather Booth at the helm for every one of them.

AFC Pegasus in turn was created from Pegasus Youth in 1985 who had a great history in the Colchester Youth League for many years dating back to the early 1970's with the founder being Mr Peter Peters.

When Paul and Heather stepped aside a new era under son, Ian Booth (pictured) was about to begin and the transition from Sunday League to Saturday football for the senior team in 2018 opened the door for the return of the youth set up at the club.

With passion and drive to succeed than ever before, both off and on the pitch, we were ready to start that new era. With various youth and men's teams in full swing, our vision is to be one of the biggest clubs in Essex that has men's teams competing at a high level of non-league football who lead the way for the youth set-up. This youth set-up will progress through their age groups starting at U6's, all the way through to U18's.

This is what we call 'The Pathway'. Although player development is a key aspect of our philosophy, the aim for the youth is to enjoy playing football for Stanway Pegasus and looking at the talented home grown youth squads we have, boys and girls the future is looking very good under the guidance of our Head of Youth Ray Turner.

The Club prides itself hugely on former and current players plus youth managers taking up major roles within the Club whilst surrounding ourselves with people we trust.

Soon to be added to the Pegasus family were the women, girls and recently the Vets as the club proudly sits at over 30 teams have been the fastest growing Club in the area and success is no stranger with many league titles and promotions along with cup success the Club is blossoming into a huge success story and long may it continue.

Senior football for the men's first team was secured for the first time at the end of the 2021 /22 season with the team gaining promotion from Essex and Suffolk Border Premier League where they went unbeaten winning the league with 98 points from 34 games scoring 126 goals in the process.

They also beat Tiptree Heath 1-0 in the League Cup Final at Little Oakley. Max Booth was the Division's top goal scorer with 34 (26 league and 8 Cup) 2022/23 Season saw the team in the Eastern Counties Division One South where we narrowly lost out on promotion at the first attempt via a penalty shoot out after a 2-2 draw against Sporting Bengal.

Although heartbreaking at the time looking back and what a debut season for the club in senior football. Callum Griffith was the Division's top goal scorer with 32 (29 league and 3 Cup / Play offs)

Rosi Webb was a revelation for our club during this period being the Men's 1st team manager while also playing in the successful ladies' teams she

was indeed Mrs Pego and quite rightly got the accolades she deserved.

From the 2023/24 Season the Men's first team moved sideways from the Eastern Counties Division One South division to the North division while the Men's Reserve team are competing in the Essex and Suffolk Border League's Premier Division.

The ladies have been just as successful in a short period of time with winning the Essex County Woman's Premier League piping by 2 points local rivals Stanway Rovers to seal back to back promotions that now see them competing in the Eastern Region League for the first time as the club looks to push on in all fronts.

A Ladies reserve team was started up and joined the Essex County Woman's League Division 3.

The club also entered the FA Vase for the first time playing six matches beating Haverhill Borough, Takeley, Halstead Town, Barkingside and London Lions before falling to Romford in the 4th Round proper.

The first team season ended in Play Off defeat for a second season running, this time 3-0 at Holland FC in the Semi Finals. 2024-25 season was the best league season so far, finishing runners up in Eastern Counties Division One North and only missing to in the play off final to Harwich & Parkeston on pens.

In November 2025 after 6 years in charge Rosi Webb moved on to a role in the Charlton Athletic Ladies set up and Jon Moody took on the first team manager role.

2006

Despite their tender years, Holland F.C. have already made a considerable impression on the local game, not only in their Tending base, but throughout the county of Essex.

The club currently boasts one of the best youth set-ups in the district, running a dozen teams across eight age groups as well as the first and second elevens, a veteran's team and the under 18's, and a successful Holland ladies team.

It all started with the demise of St. Johns (Clacton) during 2005-06 left a significant football gap in the east end of Clacton, with their former clubhouse and pitch standing idle on Saturday afternoons.

This was quickly addressed by Mark Sorrell and a group of colleagues, including some former St. Johns men, who got together to form Holland F.C., with a view to bringing Border League football back to the East cliff Sports Ground, while also providing youth Football for the area.

The major task in front of them was the refurbishment of the Ageing clubhouse at the end of Dulwich Road, and a substantial amount of money, and hard work had to be spent to rejuvenate the building in time for the 2006-07 season.

Officers, Mark Sorrell, Vic Webb and ex-St. Johns stalwart, Dave Aldred, got the



First season off to a steady start, but the Jaffa's stepped up a gear following the Introduction of Neil Hammond as manager, winning the Tommy Thompson Cup in the first season, while scoring over a hundred league goals. The youth teams also did well, with teams in the Under 8, 9 and 10 sections of the Colchester Youth League.

After a season of consolidation, Holland really hit their stride in 2008-09, under the managerial guidance of Tony Davis Baker, and assisted by Charles Wray. They bagged a superb treble of trophies, with their newly formed reserve side winning the Reserve Division 1, while the first team won Division 1 along with the star prize of the Essex Premier Cup, the latter is the Holy Grail for Border League clubs, Lee Nash scored the only goal against Maldon St. Mary's, as Holland became the sixth Border League side to win it since its launch as the Essex Intermediate Cup in 1950.

Holland began playing in the Essex & Suffolk Border Premier Division with their reserves in the Reserve premier Division in 2009-10, a year in which the club took another step forward with the leased acquisition of the part of the former St. Osyth Training College ground in Gainsford Avenue that

2026

backs onto their clubhouse,

Holland had big plans for this site, and have now transformed it into a facility fit for senior and community football, which is a great testament to all those involved at the club.

While the lengthy process of the new ground development was being developed Holland agreed a 3 year ground-share arrangement at their neighbours, F.C. Clacton's Rush Green Bowl stadium.

The First Team had been managed by Rob Batten over this period, during which time they achieved their highest finish in the Essex & Suffolk Border Premier Division and reached the Border League Cup Final, losing on penalties to Coggeshall Town after a 0-0 draw.

Rob then asked former Gas Recreation FC boss Glenn Cowen, along with his Gas ally Paul Abbott to join Holland! Promotion to the Eastern Counties Thurlow Nunn Division One was achieved at the first attempt in 2015-2016, this was a Great achievement for such a young club.

Glenn and Paul decided to step down at the end of the season and Ray Turner joined Rob Batten at the helm as joint Managers for the 2017-18 season, after a good start to the season results didn't go as planned and Ray Departed.

HOLLAND F C



Youth Director of Football Jon Willis filled the gap for a brief spell but returned to his youth roll for the 2018-19 season, leaving Rob Batten at the helm for his final season, assisted by a coaching team of Calvin Allen, Richard Downes and Dave Aldred, that management team lead Holland to the Divisional Cup Final a fitting way for Rob Batten to bow out after 8 seasons.

Ex Haringey Borough & Concord Rangers Manager Paul Phelan took the helm in 2019/20 season, promotion it looked on the cards in the 2020 season before Covid 19 interrupted, Holland sitting 5th in the table and on a rich vein of form, but it was not meant to be, as the enforced break put paid to all football!!

The following season 20-21,

was a good year for the boys, even though the season was cut short due to covid again, we reached the Len Cordell Cup Final beating numerous step 4 & 5 clubs along the way, but the Final was not meant to be!! when 30 seconds from glory we conceded a penalty, we eventually lost a titanic battle 1-2 after extra time.

2021-22 season was a transition one and we finished a creditable 8th position after numerous comings and goings, but we finished strongly and looked forward to this new season. Paul Phelan subsequently resigned his roll for the 2022-23 season, and the club moved quickly to acquire the services of Shane Coldron.

Unfortunately Shane's time did not last long, after a very good start results dropped off, so the club

moved in-house to Promote First team coach "Luke Watts" as Manager, Luke steadied the ship and a mid table finish was achieved.

The 2023-24 was history making, with a superb Third place finish and reaching our first Play off Final after defeating Stanway Pegasus 3-0 in the semi final, unfortunately we fell at the final hurdle 1-3 to Cornard Utd, but what a successful season it was.

Last season saw us with numerous comings and goings but a creditable 11th place was made, but we hope for better this season,

So moving forward the Management team for 2025-26 will consist of Luke Watts, Gary Sibley, Rob Batten, Dickie Downes, and Luke Worley, we wish them all luck.

Photos thanks to @tsavsnaps

MEN'S FIRST TEAM ACTION

2025-26 STANWAY PEGASUS

AT HOLLAND FC



Photos thanks to @tsavsnaps

MEN'S FIRST TEAM ACTION

2025-26 STANWAY PEGASUS

AT HOLLAND FC



Photos thanks to @tsavsnaps

MEN'S FIRST TEAM ACTION

2025-26 STANWAY PEGASUS IN THE FOG

V NEEDHAM MARKET RES



MEN'S FIRST TEAM



2025/26	OPPOSITION	COMP	RES	ATT	PEGASUS SCORERS
Sat 26 Jul	A FC Peterborough	TNL	0-1	72	-
Wed 30 Jul	A Long Melford	TNL	4-1	93	C Griffith 2, Pinkney, Coburn
Sat 2 Aug	H Dussindale & H Rovers	TNL	0-0	86	-
Sat 9 Aug	A Framlingham Town	TNL	0-2	101	-
Sat 16 Aug	A Leiston Under 23s	TNL	4-3	53	C Griffith 3, O'Neil
Wed 20 Aug	H Wivenhoe Town	TNL	5-0	205	C Griffith 2, Lewis, Robertson, Owsus-Adu
Sat 23 Aug	H Haringey Borough	FA Vase	0-2	89	-
Tue 26 Aug	A Harlow Town	ECC1	0-1	285	-
Sat 30 Aug	H Holbeach United	TNL	2-0	68	C Griffith 2
Sat 6 Sep	A Needham Market Res	TNL	2-5	66	C Griffith 2
Wed 10 Sep	H Stansted	LC2	0-2	83	-
Sat 13 Sep	H Wroxham Res	TNL	2-2	85	C Griffith, J McPherson
Sat 27 Sep	H Kings Park Rangers	TNL	1-2	86	Hayes
Tue 7 Oct	A Haverhill Borough	TNL	1-0	41	Morton
Sat 11 Oct	H Long Melford	TNL	3-0	68	Sibbons, Booth, Oliver
Sat 18 Oct	A Gorleston Reserves	TNL	4-0	18	C Griffith 2, Lewis, Ager
Sat 1 Nov	A Wroxham Res	TNL	0-2	72	-
Sat 8 Nov	H AFC Sudbury Reserves	TNL	3-4	75	C Griffith 3
Sat 15 Nov	A Kings Park Rangers	TNL	0-2	80	-
Sat 22 Nov	H Framlingham Town	TNL	2-3	79	C Griffith, Hayes
Sat 29 Nov	A Dussindale & H Rovers	TNL	1-2	31	C Griffith
Sat 6 Dec	H FC Parson Drove	TNL	3-2	94	C Griffith 2, Head
Sat 13 Dec	A Whittlesey Athletic	TNL	2-2	?	Miller, Pinkney
Sat 20 Dec	H FC Clacton	TNL	3-3	115	Ager, Morton, Pinkney
Sat 27 Dec	H Haverhill Borough	TNL	4-0	97	Miller 3, Head
Sat 3 Jan	A AFC Sudbury Reserves	TNL	3-1	117	Hayes, Head, Ager
Sat 17 Jan	H Leiston Under 23s	TNL	3-0	85	C Griffith 2, Cleal
Sat 14 Feb	A Holbeach United	TNL	2-1	?	Hayes, Sherlock
Tue 24 Feb	H Halesworth Town	TNL	3-3	85	Hayes, Thomas, Miller
Sat 28 Feb	A Holland FC	TNL	1-1	?	Cleal
Wed 4 Mar	H Needham Market Res	TNL	4-1	103	Thomas 2, Miller, Hayes
Sat 7 Mar	H FC Peterborough	TNL	2-1	75	Cleal, Robertson
Tue 10 Mar	A Diss Town	TNL	1-2	115	Morton
Sat 14 Mar	H Holland FC	TNL	3pm	-	-
Sat 21 Mar	A FC Parson Drove	TNL	3pm	-	-
Wed 25 Mar	H Diss Town	TNL	7.45pm	-	-
Sat 28 Mar	H Whittlesey Athletic	TNL	3pm	-	-
Sat 4 Apr	A Wivenhoe Town	TNL	3pm	-	-
BH M 6 Apr	A FC Clacton	TNL	3pm	-	-
Sat 11 Apr	H Gorleston Reserves	TNL	3pm	-	-
Sat 18 Apr	A Halesworth Town	TNL	3pm	-	-

Free Saturdays will be used for postponed games, Play Off Semi Final 25th April. Final 2nd or 3rd May

FIRST TEAM STATS



TO & INC DISS TOWN AWAY	LEAGUE			LEAGUE CUP			FA VASE			ESSEX CUP			TOTALS		
	A	SUB	GLS	A	SUB	GLS	A	SUB	GLS	A	SUB	GLS	A	SUB	GLS
Harry Morton	15	11	3	1	0	0	1	0	0	0	1	0	17	12	3
Sam Felgate (GK)	25	0	0	1	0	0	1	0	0	1	0	0	28	0	0
Jordan Robertson	22	3	2	1	0	0	1	0	0	1	0	0	25	3	2
Zac Smith-Walter	23	3	0	0	0	0	0	1	0	1	0	0	24	4	0
Callum Griffith	23	0	21	1	0	0	1	0	0	1	0	0	26	0	21
Freddie Hayes	22	0	6	1	0	0	0	0	0	0	0	0	23	0	6
Jack McPherson	19	1	1	0	0	0	1	0	0	1	0	0	21	1	1
Jack Clampin	15	1	0	1	0	0	1	0	0	1	0	0	18	1	0
Ronnie Lawrence	10	5	0	0	0	0	0	1	0	0	1	0	10	7	0
Thomas Head	15	1	2	0	0	0	0	0	0	0	0	0	15	1	2
Ollie Booth	0	16	1	0	0	0	0	0	0	0	0	0	0	16	1
Tom Lewis	13	0	2	0	0	0	1	0	0	1	0	0	15	0	2
Harry Savage	13	0	0	0	0	0	1	0	0	1	0	0	15	0	0
Finley Hughes	12	2	0	0	0	0	1	0	0	0	0	0	13	2	0
Dean Ager	14	0	3	0	0	0	0	0	0	0	0	0	14	0	3
Keane Tansey	9	3	0	0	0	0	0	0	0	0	0	0	9	3	0
Daniel Owsus-Adu	2	7	1	0	1	0	0	1	0	1	0	0	3	9	1
Alfie Cleal	10	1	3	0	0	0	0	0	0	0	0	0	10	1	3
Euan O'Neil	6	2	1	0	1	0	0	1	0	1	0	0	7	4	1
Harry Miller	9	1	6	0	0	0	0	0	0	0	0	0	9	1	6
James Baughurst	5	1	0	1	0	0	1	0	0	1	0	0	8	1	0
Jamie Beecham	3	5	0	1	0	0	0	0	0	0	0	0	4	5	0
Luke Burgess	3	6	0	0	0	0	0	0	0	0	0	0	3	6	0
Harry Thomas	5	1	3	0	0	0	0	0	0	0	0	0	5	1	3
Max Sherlock	5	0	1	0	0	0	0	0	0	0	0	0	5	0	1
Cian Aldridge	1	1	0	1	0	0	0	0	0	0	0	0	2	1	0
Joe Wright	2	0	0	0	0	0	0	0	0	0	0	0	2	0	0
Joe Griffith	0	2	0	0	0	0	0	0	0	0	0	0	0	2	0
Luke Payne	0	2	0	0	0	0	0	0	0	0	0	0	0	2	0
Ben Loftus (GK)	1	0	0	0	0	0	0	0	0	0	0	0	1	0	0
Sam Kendle (GK)	1	0	0	0	0	0	0	0	0	0	0	0	1	0	0
Ben McPherson	1	0	0	0	0	0	0	0	0	0	0	0	1	0	0
Liam Oliver	0	1	1	0	0	0	0	0	0	0	0	0	0	1	1
Aaron Noble	0	1	0	0	0	0	0	0	0	0	0	0	0	1	0
Paul Njoku Jr	0	1	0	0	0	0	0	0	0	0	0	0	0	1	0
Declan Capp	0	1	0	0	0	0	0	0	0	0	0	0	0	1	0
Harry Pinkney (Left)	3	8	3	0	0	0	1	0	0	0	1	0	4	9	3
Jack Sibbons (Left)	11	0	1	1	0	0	0	0	0	0	0	0	12	0	1
Tom Churchill (Left)	4	3	0	0	0	0	0	0	0	0	0	0	4	3	0
Rocha Fosker (Left)	3	4	0	0	0	0	0	0	0	0	0	0	3	4	0
Orland Tene (Left)	1	4	0	0	0	0	0	0	0	0	0	0	1	4	0
Joe Coburn (Left)	0	5	1	0	0	0	0	0	0	0	0	0	0	5	1
Oscar Bear (GK) (Left)	3	0	0	0	0	0	0	0	0	0	0	0	3	0	0
Robert Taylor (Left)	0	1	0	0	0	0	0	0	0	0	1	0	0	2	0
Joe Wood (Left)	0	2	0	0	0	0	0	0	0	0	0	0	0	2	0
Toib Adeyemi (Left)	0	0	0	1	0	0	0	0	0	0	0	0	1	0	0
Samson Adelaja (Left)	1	0	0	0	0	0	0	0	0	0	0	0	1	0	0
Jordan Palmer (Left)	0	1	0	0	0	0	0	0	0	0	0	0	0	1	0
Lee Braddon (Left)	0	1	0	0	0	0	0	0	0	0	0	0	0	1	0
Totals	330	108	62	11	2	0	11	4	0	11	4	0	363	118	62

CHARLIE Wyke must be the bravest, but also unluckiest, footballer going.

Four years ago, the striker, now at Carlisle United, suffered a heart-attack during a training session for Wigan Athletic and actually died for four minutes.

But that traumatic experience was nothing compared to the physical and mental anguish the 33-year-old has endured over the last 16 months.

In October 2024, shortly after coming on as a substitute for Carlisle in a League Two match against Cheltenham, Wyke was felled by a heavy tackle from Luke Young.

"I broke my leg, dislocated my ankle, tore every ligament, damaged the cartilage - it was like six or seven different injuries in one," the former Bradford City, Sunderland and Rotherham striker exclusively told The NLP last week.

"I had multiple operations, screws and pins put in my leg. And the pain - I honestly can't describe it.

"Everybody knows about my cardiac arrest, and objectively that's 100 times worse. But there was no pain with that. I had to have a lot of tests, missed a lot of football. Day to day, though, it didn't really bother me.

"This was so much harder. I was battling the pain literally every day. I had to call an ambulance like three times because the pot on my ankle was too tight. At one point, I didn't sleep for six nights straight and started hallucinating.

"I'd been watching Black Mirror on Netflix and there was an episode where somebody turns into a werewolf. One night, I thought the werewolf was in my bedroom. I was screaming and shouting. I felt like I was going mad.

"On top of that, I had the surgeon telling me I was done. I went up to see him five or six times, and the message was always the same. He said 'You're 33, it's a massive injury - my advice is to retire immediately'.

"He said that nobody fully recovers from something like this, and even if I did get back to running and playing football then I'd struggle badly with arthritis for the rest of my life. You hear that, and your whole life just stops. It's been horrendous, absolutely horrendous."

Wyke defied his doctor's orders to continue a 14-year career that saw him score 130 goals in 358 EFL appearances, featuring in last month's 3-1

National League victory over Altrincham at Brunton Park.

Or at least, it should have been emotional. Unfortunately for Wyke, part of the medication for managing his heart condition includes an adrenalin suppressant.

"The reception I got coming on, I should have been absolutely buzzing," he says. "But it's just a bit... different. It's the same when you score a goal. There isn't that rush.

"I think if I went on a rollercoaster these days, I'd just be sitting there bored, waiting for it to finish! It's a very strange feeling."

Sadly, he won't be back for long. Wyke may have won the battle, but acknowledges that the war is lost. He can barely train, suffers constant swelling and can't even manage half an hour of competitive action.

"I'll never be able to start a game again," he admits. "If you ask anyone who has been to the last few games, I can't even warm up properly.

"Coming on for five or ten minutes is just about alright. I could do 25 at a push. But if I did that my knee and ankle would swell up massive and I wouldn't be able to train for the rest of the week.

"So yeah, it goes without saying that my days are numbered. I'll probably go until the end of the season, then that will be me.

"It's not ideal. Nobody wants to retire, especially at 33. But as the surgeon said, you have to look at the bigger picture.

"My son Albie is six and he's mad into football. I've already missed a good 14 months of taking him to training, playing with him in the garden, all that sort of stuff. I don't want to be a 40-year-old dad who can't run around and can't play with my kids.

"Practically, as well, who is going to touch me? The gaffer here has been great, really understanding and supportive. But nobody is going to sign a player who can only play for ten minutes, especially with all the problems I've had."

So, a sad end to a promising career, but making that sacrifice for the sake of his son serves as a reminder to us all of the important things in life.



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2025-26 FIXTURES & RESULTS

AFC PEGASUS



ESBL = Essex & Suffolk Border League, **LC** = League Cup, **ECC** = Essex County Cup

2025/26	OPPOSITION	COMP	RES	PEGASUS SCORERS
Sat 9 Aug	H White Notley	ESBL	2-1	Hosier, Aldridge
Tue 12 Aug	A Alresford Colne Rangers	ESBL	1-0	Carr
Sat 16 Aug	H Belle Vue Social	ESBL	7-2	Burns 2, Payne 2, Carr 2, B McPherson
Tue 19 Aug	A Great Bentley	ESBL	0-5	-
Fri 22 Aug	A Sudbury Sports	ESBL	P-P	League awarded a home win
Sat 30 Aug	H Earls Colne	ESBL	0-3	-
Sat 6 Sep	A Springfield	ESBL	0-3	-
Sat 13 Sep	H White Notley	LC	1-4	?
Sat 20 Sep	A Thorpe Athletic	ESBL	0-2	-
Sat 27 Sep	H Tiptree Heath	ESBL	0-1	-
Sat 4 Oct	A Harold Wood Athletic	ECC	2-1 aet	Carr, Wright
Sat 18 Oct	H Alresford Colne Rangers	ESBL	4-2	Oliver 2, Gee, Carr
Sat 25 Oct	A Gas Recreation	ESBL	0-0	-
Sat 1 Nov	H Cressing United	ESBL	1-3	Gilson-Slater
Sat 8 Nov	H Herongate Athletic	ECC	1-2 aet	Payne
Sat 15 Nov	A East Thurrock	ESBL	1-6	Olejnik
Sat 22 Nov	H Sudbury Sports	ESBL	4-3	B McPherson, Beecham, Oliver, Carr
Sat 29 Nov	A Hatfield Peveral	ESBL	1-3	Pinkney
Sat 6 Dec	H Springfield	ESBL	2-2	Pinkney 2
Sat 13 Dec	H Thorpe Athletic	ESBL	0-1	-
Sat 20 Dec	A Earls Colne	ESBL	2-2	Morris 2
Sat 10 Jan	H Dedham Old Boys	ESBL	1-2	Payne
Sat 17 Jan	H East Thurrock	ESBL	3-1	Booth 3
Sat 24 Jan	A Tiptree Heath	ESBL	4-3	Booth 2, Dutch. Oliver
Sat 14 Feb	A Belle Vue	ESBL	5-2	Oliver 4, O'Neil
Sat 21 Feb	A Cressing United	ESBL	1-0	Oliver
Sat 28 Feb	H Gas Recreation	ESBL	0-1	-
Sat 7 Mar	A White Notley	ESBL	1-0	Barron
Sat 14 Mar	A Dedham Old Boys	ESBL	3.00pm	-
Sat 21 Mar	H Great Bentley	ESBL	3.00pm	-

the social edit.

by Rachael

ATLAS SIGNS

SIGNAGE | PRINT | DESIGN

CADMAN
Construction

Laser
Electrical

ESSEX & SUFFOLK BORDER LEAGUE PREM									
	P	W	D	L	F	A	GD	Pts	
1 Sudbury Sports F.C.	23	16	0	7	56	32	24	48	
2 East Thurrock Community	21	15	2	4	46	21	25	47	
3 Great Bentley First	20	15	1	4	50	12	38	46	
4 Thorpe Athletic	20	14	1	5	52	30	22	43	
5 Hatfield Peverel First	20	12	3	5	49	32	17	39	
6 Earls Colne First	23	11	5	7	53	31	22	38	
7 Springfield First	23	10	4	9	45	32	13	34	
8 AFC Pegasus Colchester First	25	10	3	12	40	49	-9	33	
9 Dedham Old Boys First	21	9	4	8	46	47	-1	31	
10 Cressing United First	22	9	3	10	46	39	7	30	
11 Tiptree Heath First	25	9	3	13	42	62	-20	30	
12 Gas Recreation	22	7	3	12	33	51	-18	24	
13 Belle Vue Social Club	25	4	3	18	29	83	-54	15	
14 White Notley	23	4	2	17	25	54	-29	14	
15 Alresford Colne Rangers First	21	3	1	17	23	60	-37	10	

Photos thanks to @tsavsnaps

MEN'S FIRST TEAM ACTION

2025-26 STANWAY PEGASUS

V FC PETERBOROUGH



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MEN'S UNDER 23'S TEAM



TNL = Thurlow Nunn U23s League, CT = Chell Trophy Cup, ECC = Essex County Cup

2025/26	OPPOSITION	COMP	RES	PEGASUS SCORERS
Sat 23 Aug	H Little Oakley	TNL	1-1	Bryan
Sat 6 Sep	A Long Melford	TNL	1-0	Olejnik
Sat 13 Sep	A Stanway Rovers	TNL	A-A	Abandoned due to storm
Sat 20 Sep	H Hadleigh United	TNL	0-5	-
Sat 4 Oct	H Fairlop Rovers 1st	ECC	1-2	Goddard
Sat 11 Oct	A Stanway Rovers	CT Rd2	0-3	-
Sat 18 Oct	A Ipswich Wanderers	TNL	0-5	-
Sat 25 Oct	H Halstead Town	TNL	2-3	Beecham, Bryan
Sat 15 Nov	H Holland FC	TNL	1-3	Collins
Sat 22 Nov	A Wivenhoe Town	TNL	PP	-
Sat 29 Nov	H Long Melford	TNL	7-1	Njoku Jr, Leclercq, Noble, Clark, Bryan, Clarke, Wood
Sat 13 Dec	A Hadleigh United	TNL	2-2	Goddard, Bryan
Sat 20 Dec	H Wivenhoe Town	TNL	3-3	Goddard, Bryan, Thompson
Sat 3 Jan	A Stanway Rovers	TNL	PP	-
Sat 10 Jan	A AFC Sudbury	TNL	3-4	Tansey, Bryan, Njoku Jr
Sat 24 Jan	H AFC Sudbury	TNL	3-2	Goddard 2, Miller
Sat 31 Jan	A Little Oakley	TNL	P-P	-
Sat 7 Feb	H Ipswich Wanderers	TNL	3-2	O'Neil, Booth, J Griffith
Sat 14 Feb	A Harwich & Parkeston	TNL	3-0	Turner, Long, Capp
Sat 21 Feb	A Holland FC	TNL	2-1	Long, Turner
Sat 14 Mar	H Stanway Rovers	TNL	3.00pm	-
Sat 21 Mar	A Halstead Town	TNL	3.00pm	-
Sat 28 Mar	H Harwich & Parkeston	TNL	3.00pm	-
Tue 14 Apr	A Little Oakley	TNL	7.45pm	-
Sat 18 Apr	A Wivenhoe Town	TNL	3.00pm	-
Sat 2 May	A Stanway Rovers	TNL	3.00pm	-

UNDER 23 SOUTH		P	W	D	L	F	A	GD	Pts
1	Halstead Town U23	11	10	0	1	51	13	38	30
2	Ipswich Wanderers U23	14	8	2	4	43	15	28	26
3	Stanway Rovers U23	10	7	0	3	35	16	19	21
4	Stanway Pegasus U23	14	6	3	5	31	33	-2	21
5	Little Oakley U23	12	6	2	4	20	23	-3	20
6	Hadleigh United U23	14	5	4	5	34	37	-3	19
7	Harwich & Parkeston U23	10	6	0	4	29	20	9	18
8	Wivenhoe Town U23	14	5	3	6	31	31	0	18
9	AFC Sudbury U23	17	4	2	11	30	55	-25	14
10	Holland U23	14	3	1	10	16	44	-28	10
11	Long Melford U23	12	1	3	8	13	46	-33	6



WOMEN'S FIRST TEAM

ERL = Eastern Region Womens League, FAC= FA Cup, LC = League Cup, CC = County Cup, LP = League Plate



2025/2026	OPPOSITION	COMP	RES	Goal scorers
Sun 17 Aug	H She Can Play Panthers	ERL	2-4	Weatherby, Jenkins (RESULT VOID. PANTHERS WITHDREW)
Sun 24 Aug	A Hertford Town FC	ERL	1-2	Clark
Sun 31 Aug	H Dunstable Lionesses	LC1	1-2	Horne
Wed 3 Sep	H Colchester United	ERL	3-3	Horne 2, Jenkins
Sun 7 Sep	A Thetford Town	FAC	2-4	OG, Horne
Sun 14 Sep	A Needham Market F.C	ERL	0-1	-
Sun 21 Sep	H Brentwood Town FC	ERL	4-3	Gill 2, Horne, Fisher
Sun 28 Sep	A Southend United	ERL	0-5	-
Sun 5 Oct	H Hashtag United Res	ERL	0-8	-
Sun 12 Oct	H Southend United	ERL	2-0	Horne, Fisher
Sun 19 Oct	A Hutton Reserves	ECC	4-1	Weatherby 2, Clemmens, Long
Sun 26 Oct	H Toby Ladies FC	ERL	4-1	Weatherby, Thompson, Clarke, Breen
Sun 2 Nov	A Toby Ladies FC	ERL	1-3	Weatherby
Sun 9 Nov	A She Can Play Panthers	ERL	PP	(Panthers withdrew from the league)
Sun 16 Nov	A Brentwood Town	ECC	2-7	Hawkins, Howlett
Sun 30 Nov	A Biggleswade United	Cup	2-5	Harding, Weatherby
Sun 7 Dec	A Hashtag United Res	ERL	2-5	Clark, Weatherby
Sun 14 Dec	A Chelmsford City FC	ERL	W-O	Walkover Defeat
Sun 21 Dec	H Epping Town	CC	W-O	Walkover Win
Sun 4 Jan	H Needham Market F.C.	ERL	1-10	Croucher
Sun 11 Jan	H Hutton FC	CC	1-2 aet	Weatherby
Sun 18 Jan	A Brentwood Town FC	ERL	0-5	-
Sun 25 Jan	A Wormley Rovers	ERL	0-5	-
Sun 1 Feb	H Hertford Town FC	ERL	1-1	Weatherby
Sun 8 Feb	H Wormley Rovers	ERL	2-5	Thompson, Weatherby
Sun 15 Feb	H Chelmsford City FC	ERL	W-O	Walkover Defeat
Sun 8 Mar	A Colchester United	ERL	0-5	-

EASTERN REGION WOMENS DIV 1 SOUTH		P	W	D	L	F	A	GD	Pts
1	Hashtag United FC Women Reserves	15	13	1	1	75	23	52	40
2	Chelmsford City Women First	15	10	4	1	39	20	19	34
3	Brentwood Town FC Ladies First	16	7	6	3	39	23	16	27
4	Needham Market FC Women	17	8	3	6	41	32	9	27
5	Wormley Rovers Ladies FC	14	6	3	5	35	34	1	21
6	Toby FC Women	13	6	1	6	24	33	-9	19
7	Colchester United FC Women	15	5	2	8	36	41	-5	17
8	Hertford Town FC Women	18	3	5	10	21	40	-19	14
9	Stanway Pegasus Women FC	18	3	2	13	21	62	-41	11
10	Southend United Ladies FC	15	3	1	11	18	41	-23	10

WOMEN'S RESERVES

EWL = Essex Womens League, LC = League Cup, CC = Essex County Cup, EWT = Essex Womens Trophy



2025/2026	OPPOSITION	COMP	RES	Goal scorers
Sun 7 Sep	A Barking FC Reserves	EWL	2-2	Harms, Purser
Sun 14 Sep	A Hatfield Peverel	EWL	1-10	Breen
Sun 21 Sep	H Pitsea Town	CC	1-2	Harms
Sun 28 Sep	H Wickford Town Res	EWL	W-O	Win
Sun 5 Oct	A Frontiers Ladies Res	EWL	0-2	-
Sun 12 Oct	H Beacon Hill Rovers	LC	4-2	McHale 2, Purser, Schneider
Sun 19 Oct	H Rayleigh Ladies	EWL	3-0	Schneider, Baker, Tilbury
Sun 26 Oct	A Great Danes FC	EWL	2-4	Horne 2
Sun 2 Nov	H Beacon Hill Rovers	EWL	4-4	Horne 3, Purser
Sun 9 Nov	H Chelmsford City Res	LC	6-5 pens	(after a 1-1 draw) McHale
Sun 16 Nov	A Earls Hall United	EWL	4-0	Horne 3, Tilbury
Sun 30 Nov	H Hatfield Peverel	EWL	7-3	Horne 4, Tilbury 3
Sun 7 Dec	H Broomfield Reserves	EWL	6-3	Tilbury 2, Mchale 2, Woodward-Bond
Sun 14 Dec	A Brentwood Town	CC	W-O	Win
Sun 18 Jan	A South Wooden Ferrers	CC	0-4	-
Sun 25 Jan	A Harwich & Parkeston	Cup	7-0	Horne 2, Coffey 2, McHale, Tilbury, David
Sun 15 Feb	H Hutton Development	Cup	1-2	Horne
Sun 1 Mar	A Broomfield Reserves	EWL	3-2	McHale, Tilbury, Desborough
Sun 8 Mar	A Chelmsford City Res	EWL	1-5	Horne
Sun 15 Mar	A Frontiers Ladies	EWL	2pm	SHRUB END SPORTS GROUND
Sun 22 Mar	H Earls Hall United	EWL	2pm	SHRUB END SPORTS GROUND
Sun 29 Mar	H Barking FC Res	EWL	2pm	SHRUB END SPORTS GROUND
Sun 5 Apr	H Great Danes FC	EWL	2pm	SHRUB END SPORTS GROUND
Sun 12 Apr	A Rayleigh Ladies FC	EWL	2pm	CHICHESTER PLAYING FIELDS
Sun 19 Apr	A Wickford Town Res	EWL	2pm	BEAUCHAMPS HIGH SCHOOL
Sun 26 Apr	H Chelmsford City Res	EWL	3.30pm	SHRUB END SPORTS GROUND
Sun 3 May	A Beacon Hill Rovers	EWL	2pm	WICKHAM BISHOPS PLAYING FIELD
Wed 13 May	A Heddinghams United	EWL	7.45pm	LAWN MEADOW
Sun 17 May	H Heddinghams United	EWL	2pm	SHRUB END SPORTS GROUND

EASTERN REGION WOMENS DIV 1 SOUTH		P	W	D	L	F	A	GD	Pts
1	Hatfield Peverel Women FC	17	13	1	3	80	32	48	40
2	Barking FC Women Reserves	16	13	1	2	64	23	41	40
3	Great Danes FC Women	12	11	1	0	52	17	35	34
4	Chelmsford City Women Reserves	13	8	1	4	31	20	11	25
5	Beacon Hill Rovers Ladies	16	7	4	5	45	41	4	25
6	Earls Hall United Ladies FC	18	6	3	9	31	38	-7	21
7	Stanway Pegasus Ladies FC Reserves	12	6	2	4	33	35	-2	20
8	Frontiers Ladies Reserves	13	6	1	6	28	26	2	19
9	Heddinghams United Ladies FC	11	4	1	6	34	22	12	13
10	Rayleigh Ladies FC	15	3	3	9	22	36	-14	12
11	Broomfield Women Reserves	18	0	4	14	24	60	-36	4
12	Wickford Town Women Reserves	17	1	0	16	9	103	-94	3



Thurlow Nunn Premier

	P	W	D	L	F	A	W	D	L	F	A	W	D	L	F	A	GD	Pts
1 Mulbarton Wand	25	9	1	2	34	8	12	0	1	40	4	21	1	3	74	12	62	64
2 Soham Town	28	9	0	5	34	18	9	1	4	25	16	18	1	9	59	34	25	55
3 Ely City	29	9	1	5	38	20	7	3	4	26	15	16	4	9	64	35	29	52
4 Haverhill Rovers	25	9	2	4	37	22	7	2	1	23	10	16	4	5	60	32	28	52
5 Thetford Town	29	7	4	3	25	13	8	2	5	28	21	15	6	8	53	34	19	51
6 Great Yarmouth T	25	7	3	1	20	8	8	0	6	23	18	15	3	7	43	26	17	48
7 Fakenham Town	26	6	3	3	27	14	8	2	4	21	17	14	5	7	48	31	17	47
8 Ipswich Wand	27	7	2	4	21	14	6	2	6	18	20	13	4	10	39	34	5	43
9 Harleston Town	26	6	4	3	19	19	4	2	7	17	22	10	6	10	36	41	-5	36
10 Walsham Le W	26	7	3	4	28	16	2	5	5	15	18	9	8	9	43	34	9	35
11 Woodbridge T	26	5	1	7	16	25	6	1	6	28	35	11	2	13	44	60	-16	35
12 Kirkley & Pake	27	5	0	9	19	26	5	2	6	21	24	10	2	15	40	50	-10	32
13 Stowmarket Town	28	4	2	8	19	28	5	2	7	26	40	9	4	15	45	68	-23	31
14 Dereham Town	26	5	2	6	22	18	3	4	6	17	21	8	6	12	39	39	0	30
15 Heacham	26	3	3	7	20	31	3	1	9	12	36	6	4	16	32	67	-35	22
16 Lakenheath	25	2	1	10	17	32	2	4	6	9	22	4	5	16	26	54	-28	17
17 Cornard United	28	4	3	7	15	25	0	1	13	11	51	4	4	20	26	76	-50	16
18 Hadleigh United	26	1	1	10	12	34	3	2	9	11	33	4	3	19	23	67	-44	15

Thurlow Nunn Division One South

	P	W	D	L	F	A	W	D	L	F	A	W	D	L	F	A	GD	Pts
1 Hutton	34	14	2	2	47	14	9	6	1	47	27	23	8	3	94	41	53	77
2 Clapton Comm	34	10	4	3	43	23	12	2	3	41	19	22	6	6	84	42	42	72
3 Newbury Forest	33	10	2	5	43	27	8	7	1	48	22	18	9	6	91	49	42	63
4 Coggeshall Town	30	9	4	2	35	17	9	4	2	37	19	18	8	4	72	36	36	62
5 Rayleigh Town	31	9	2	4	43	20	8	4	4	41	22	17	6	8	84	42	42	57
6 Lymore Gardens	30	11	2	3	41	21	7	1	6	26	27	18	3	9	67	48	19	57
7 Brimsdown	33	9	4	3	40	20	5	7	5	34	36	14	11	8	74	56	18	53
8 Stansted	30	7	4	3	37	18	6	7	3	25	19	13	11	6	62	37	25	50
9 Burnham Ramb	33	5	5	7	29	34	8	3	5	41	31	13	8	12	70	65	5	47
10 Hoddesdon Town	30	7	5	2	27	16	6	1	9	21	36	13	6	11	48	52	-4	45
11 Basildon Town	29	6	4	5	32	23	5	3	6	25	28	11	7	11	57	51	6	40
12 Cannons Wood	34	6	1	10	30	37	5	4	8	37	45	11	5	18	67	82	-15	38
13 AS London	32	4	4	9	19	36	6	1	8	21	25	10	5	17	40	61	-21	35
14 NW London	34	5	4	8	37	38	5	1	11	27	58	10	5	19	64	96	-32	35
15 Southend Manor	32	6	2	8	27	45	4	2	10	20	42	10	4	18	47	87	-40	34
16 FC Romania	32	5	4	9	36	51	4	1	9	24	27	9	5	18	60	78	-18	32
17 FC Baresi	33	3	4	10	28	44	5	3	8	24	33	8	7	18	52	77	-25	31
18 Dunmow Town	33	4	2	9	31	39	4	5	9	26	44	8	7	18	57	83	-26	31
19 Enfield Borough	28	5	2	4	25	29	4	0	13	24	44	9	2	17	49	73	-24	29
20 May & Baker EC	33	4	5	8	28	41	3	2	11	27	49	7	7	19	55	90	-35	28
21 Barkingside	32	2	2	12	10	37	3	4	9	14	35	5	6	21	24	72	-48	21

Thurlow Nunn Division One North

	P	W	D	L	F	A	W	D	L	F	A	W	D	L	F	A	GD	Pts
1 Holland FC	30	11	3	1	48	18	12	2	1	45	17	23	5	2	93	35	58	74
2 Kings Park	28	10	1	2	27	9	11	3	1	28	13	21	4	3	55	22	33	67
3 Framlingham T	30	11	2	2	41	12	9	4	2	27	16	20	6	4	68	28	40	66
4 FC Peterborough	30	10	1	4	32	16	7	4	4	34	23	17	5	8	66	39	27	56
5 Wroxham Res	27	9	2	2	32	17	6	4	4	25	18	15	6	6	57	35	22	51
6 Stanway Pegasus	30	8	4	3	40	21	6	2	7	25	25	14	6	10	65	46	19	48
7 Haverhill Borough	30	5	6	4	28	20	7	0	8	26	28	12	6	12	54	48	6	42
8 Long Melford	31	9	3	5	29	22	3	3	8	20	39	12	6	13	49	61	-12	42
9 Whittlesey Ath	31	8	3	5	32	25	4	2	9	20	25	12	5	14	52	50	2	41
10 FC Parson Drove	28	7	2	2	18	11	5	2	10	33	50	12	4	12	51	61	-10	40
11 Halesworth Town	28	5	3	4	21	18	5	6	5	25	24	10	9	9	46	42	4	39
12 Dussindale & H R	30	8	2	5	33	24	4	1	10	16	29	12	3	15	49	53	-4	39
13 FC Clacton	30	9	1	5	33	26	2	3	10	22	37	11	4	15	55	63	-8	37
14 Holbeach United	29	7	4	5	26	33	3	3	7	17	33	10	7	12	43	66	-23	37
15 AFC Sudbury Res	32	9	1	7	35	38	2	2	11	19	45	11	3	18	54	83	-29	36
16 Gorleston Res	31	6	3	6	30	25	4	2	10	23	33	10	5	16	53	58	-5	35
17 Diss Town	31	7	2	7	24	28	3	3	9	20	37	10	5	16	44	65	-21	35
18 Needham Res	31	4	2	10	29	36	3	0	12	23	37	7	2	22	52	73	-21	23
19 Wivenhoe Town	29	4	3	9	19	34	1	0	12	10	36	5	3	21	29	70	-41	18
20 Leiston U23s	28	3	1	10	20	39	1	3	10	14	32	4	4	20	34	71	-37	16

North Teams Fixtures FAV = FA Vase, ESC = Essex Cup, SSC Suffolk = Senior Cup, LCC = League Cup.

Sat 14 Mar 2026 15:00

FDN	Diss Town v AFC Sudbury Res
FDN	Dussindale & Hellesdon R v FC Clacton
FDN	FC Parson Drove v Long Melford
FDN	Haverhill Borough v Holbeach United
FDN	Kings Park Rangers v Wroxham Res
FDN	Leiston U23s v FC Peterborough
FDN	Stanway Pegasus v Holland FC
FDN	Whittlesey Athletic v Gorleston Res
FDN	Wivenhoe Town v Halesworth Town

Tue 17 Mar 2026 19:45

FDN	FC Clacton v Leiston U23s
FDN	Halesworth Town v Holland FC

Wed 18 Mar 2026 19:45

FDN	FC Parson Drove v Dussindale & Hellesdon R
FDN	FC Peterborough v Holbeach United
FDN	Wroxham Res v Needham Market Res

Thu 19 Mar 2026 19:45

FDN	Gorleston Res v Kings Park Rangers
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Sat 21 Mar 2026 15:00

FDN	AFC Sudbury Res v Holland FC
FDN	FC Parson Drove v Stanway Pegasus
FDN	FC Peterborough v Diss Town
FDN	Framlingham Town v Wivenhoe Town
FDN	Gorleston Res v Long Melford
FDN	Halesworth Town v FC Clacton
FDN	Haverhill Boro v Dussindale & Hellesdon R
FDN	Kings Park Rangers v Leiston U23s
FDN	Wroxham Res v Whittlesey Athletic

Tue 24 Mar 2026 19:45

FDN	Halesworth Town v Long Melford
FDN	Leiston U23s v Needham Market Res

Wed 25 Mar 2026 19:45

FDN	FC Parson Drove v Gorleston Res
FDN	Holbeach United v Haverhill Borough
FDN	Kings Park Rangers v Framlingham Town
FDN	Stanway Pegasus v Diss Town
FDN	Wroxham Res v Wivenhoe Town

Sat 28 Mar 2026 15:00

FDN	Stanway Pegasus v Whittlesey Athletic
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STANWAY PEGASUS

Manager: Jon Moody

Assistants: Glenn Cowen,
& Aiden Theodom

Physio: Matylda Wasilewska

Shirts: Green

Shorts: Green **Socks:** Green

Pl Gls From

☐ ☐ Sam Felgate (GK)

☐ ☐ Zac Smith-Walter

☐ ☐ Freddie Hayes

☐ ☐ Jordan Robertson

☐ ☐ Jack McPherson

☐ ☐ Alfie Cleal

☐ ☐ Jack Clampin (C)

☐ ☐ Max Sherlock

☐ ☐ Harry Miller

☐ ☐ Harry Thomas

☐ ☐ Thomas Head

☐ ☐ Callum Griffith

☐ ☐ Dean Ager

☐ ☐ Keane Tansey

☐ ☐ Ollie Booth

☐ ☐ Ronnie Lawrance

☐ ☐ Luke Burgess

☐ ☐ Harry Morton

☐ ☐ Ben Loftus (GK)

☐ ☐ Euan O'Neil

☐ ☐ Finley Hughes

☐ ☐ Harry Savage

☐ ☐ George Barron

☐ ☐ Declan Capp

☐ ☐ James Baughurst

☐ ☐ Jamie Beecham

☐ ☐ Aaron Noble

☐ ☐ Paul Njoku Jr



MATCH OFFICIALS



Referee:
Daniel Barrack



Assistants:
David Fairhurst
Edwin Reid



HOLLAND FC

Manager: Luke Watts

Assistant: Ben Connell

Coaches: Rob Batten &

Richard Downes

Shirts: Orange

Shorts: Orange **Socks:** Orange

Pl Gls From

☐ ☐ Rob Weller

☐ ☐ Kyle Ferguson

☐ ☐ Billy Wales

☐ ☐ Jacob Bloomfield

☐ ☐ Steve Downes

☐ ☐ Charlie Howlett

☐ ☐ Reuben Cowler

☐ ☐ Charlie Collis

☐ ☐ Harry Brown

☐ ☐ Harvey Evans

☐ ☐ Ben Dixon

☐ ☐ Nathan Rowe

☐ ☐ Keelan Milburn

☐ ☐ Connor Tucker

☐ ☐ Ronnie Willis

☐ ☐ Toby Harms

☐ ☐

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As a proud Colchester-based business, Turner Electrical is delighted to continue our sponsorship of Stanway Pegasus Youth Football! This isn't just about football; it's about local businesses supporting local talent.

Your trust in us allows us to invest directly back into the community we serve, helping these young stars shine.

Support local businesses who support local clubs!"

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